

Prairie Mentoring Centre & Elevation Equestrian will be hosting a
Spring 2019 Therapeutic Riding Instructor Workshop
“Puzzle Pieces”

A holistic approach to therapeutic riding for riders on the Autism Spectrum

Date: Sunday, April 28th, 2019

Time: 08:30 am

Location: Elevation Equestrian (formerly known as CK Horse Horizons), SE of Saskatoon, Sk.

Clinician: Erin McCormick - CTRSI (CanTRA Senior Therapeutic Riding Instructor), EC Coach

Note: Map of driving directions to Elevation Equestrian: <https://goo.gl/maps/ZGWJZAxxc6L2>

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8:30 - Registration

8:45 - Introductions

9:00 - Erin will begin the workshop with a Power Point presentation which will be broken up throughout the morning session involving the participants with some activities without the use of the horse.

10:30 - Mid-morning refreshment/snack break

12:00 - 1:00 LUNCH

1:00 - The afternoon will resume with participants riding and running through therapeutic activities on horseback which are effective for riders with autism.

2:30 - Mid-afternoon refreshment/snack break

The last session of the day will involve a bit on technology and other supportive and adaptive devices and tools which will assist the therapeutic riding instructor in reaching their riders with autism more effectively.

4:30 - Finish

GROUP PHOTO